



PHILIPPIANS



PHILIPPIANS 4:4–7

⁴ Rejoice in the Lord always; again I will say, rejoice. ⁵ Let your reasonableness be known to everyone. The Lord is at hand; ⁶ do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

1. A STEADY JOY (4:4)

⁴ Rejoice in the Lord always; again I will say, rejoice.

2. A WINSOME GRACE (4:5)

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2. A WINSOME GRACE (4:5)

Proverbs 12:18

There is one who speaks rashly, like a piercing sword;
but the tongue of the wise brings healing.

2. A WINSOME GRACE (4:5)

Proverbs 15:4

The tongue that heals is a tree of life...

2. A WINSOME GRACE (4:5)

Proverbs 15:1

A gentle answer turns away anger,
but a harsh word stirs up wrath.

2. A WINSOME GRACE (4:5)

Titus 3:1–7

¹ Remind them... ² to slander no one, to avoid fighting, and to be kind, always showing gentleness to all people. ³ For we too were once foolish, disobedient, deceived, enslaved by various passions and pleasures, living in malice and envy, hateful, detesting one another. ⁴ But when the kindness of God our Savior and his love for mankind appeared, ⁵ he saved us—not by works of righteousness that we had done, but according to his mercy—through the washing of regeneration and renewal by the Holy Spirit. ⁶ He poured out his Spirit on us abundantly through Jesus Christ our Savior ⁷ so that, having been justified by his grace, we may become heirs with the hope of eternal life.



2. A WINSOME GRACE (4:5)

2 Peter 3:4, 8–9

⁴ They will say, “Where is the promise of his coming? ... All things are continuing as they were from the beginning of creation...” ⁸ But do not overlook this one fact, beloved, that with the Lord one day is as a thousand years, and a thousand years as one day. ⁹ The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance.

3. A PRAYERFUL PEACE (4:6–7)

⁶ do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

3. A PRAYERFUL PEACE (4:6–7)

Luke 10:41

“Martha, Martha, you are anxious and troubled about many things.”

3. A PRAYERFUL PEACE (4:6–7)

Matthew 6:8

“Your Father knows what you need before you ask him.”

3. A PRAYERFUL PEACE (4:6–7)

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 - ❖ Write out your worries as prayers.

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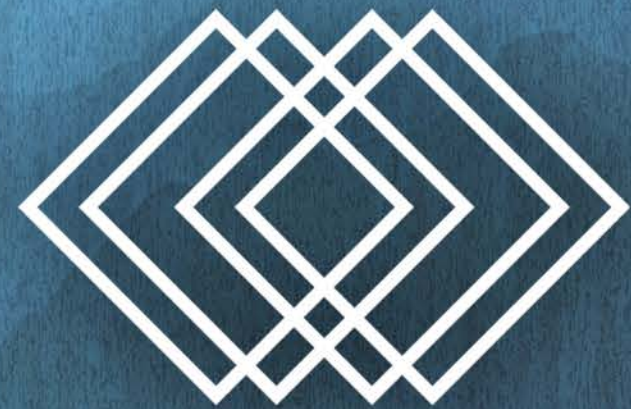
- Translate your anxieties into prayers.
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 - ❖ Write out your worries as prayers.
 - ❖ Share burdens and pray with other believers.

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- **Translate your anxieties into prayers.**
 - ❖ Express anxious feelings as audible prayers.
 - ❖ Pray the Psalms to vent, clarify, and correct your thoughts.
 - ❖ Write out your worries as prayers.
 - ❖ Share burdens and pray with other believers.
- **Saturate your prayers with gratitude.**

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